



Day-to-day Baby Bag Checklist



Your day-to-day baby bag is an important item that you'll need when out and about with your baby. It contains all the essentials that you may need whilst out with your little one. We have compiled our checklist of our baby bag essentials that we used when we're out with our little ones, especially from newborn - 9 months!

Nappies x 5 (keep refilling so you always have a few to hand)

Baby wipes

Nappy Bags

Small Sudocrem

Portable changing mat

3 x Muslin Cloths/ Burp Cloths

2 x Bibs

2 x Dummies (if you're using them) in a resealable bag to keep sanitary

2 x Change of baby clothes

2 x Pairs Baby Socks & Mitts

Food for baby - formula, pumped breast milk if applicable, snacks/water (if your little one is older)

Nursing Pads to help breast milk leaks

Some snacks for you

Spare top for you

Hat - either for winter or summer depending on season

Sunscreen if little one is older than 6 months - always better to have some on you

Light Blanket

Hand Sanitiser

2 Small Toys